

P.E.T.

Ever Wish They Came With An Instruction Manual?



They Do!

Whether you're the parent of a toddler or a teenager, you know that parenting can be challenging, even overwhelming at times. And, being a parent doesn't always mean that you automatically or instinctively know what to do.

Parent Effectiveness Training (P.E.T.) offers proven communication skills that really work. When parents use the skills they are amazed at the dramatic improvements in their families and in all of their relationships.

You, too, can learn these powerful, proven skills.

"I first studied P.E.T. when my children were preschoolers. I found it so helpful with my children that I became licensed to teach it. I have been using and teaching P.E.T. since 1973 both personally and professionally. It is an indispensable skill for good communication!" – Dr. Eleanor Haspel-Portner

Who is it for?

- P.E.T. is a complete model of effective parent-child relationships which works for all different kinds of families.
- It works with children of all ages, from the very young through the rebellious adolescent years.
- It works in parent-child relationships that have begun to deteriorate and it works to prevent problems before they occur, i.e., "training before trouble."
- It works for well-to-do families as well as for those at a low income level.
- It works for single parents, step-parents, and grandparents.
- And it works in all cultures.

P.E.T. Workshop Session Outline

1. Understanding Your Relationships
2. Learning The Helping Skills
3. Communicating To Meet Your Needs
4. Evaluating Your Experiences
5. Resolving Conflicts
6. Preventing Problems
7. Handling Values Collisions
8. Evaluating Your Experiences

When: Nov. 20 & Dec. 11, 2011, Jan. 15 & Feb. 12, 2012.

Time: 10:00 AM to 4:00 PM with a working Lunch (Being your own).

Price: \$360.00 per family, includes workbook for one family member. Each additional workbook, \$35.00.

Where: Private Home in Pacific Palisades, CA. Address provided upon Registration.

SAVE THE DATES!!

What you will learn

All P.E.T. workshops are taught by certified Instructors, trained and authorized by Gordon Training International or its international representatives.

You will learn how to:

- Listen to your children so they feel genuinely understood and accepted.
- Talk to your children honestly and non-blamefully when their behavior causes you a problem.
- Resolve conflicts and problems in your family so that no one loses and problems stay solved.
- Deal with values collisions.
- Troubleshoot family problems and know which skills to use to solve them.

P.E.T. was created by award-winning psychologist and three-time Nobel Peace Prize Nominee, Dr. Thomas Gordon, in 1962.

The course is continually being updated with new examples and material that address the current problems, issues, and concerns of today's parents.

Eleanor Haspel-Portner, Ph.D., Clinical Psychologist (License: Psy 5297), received her doctorate from the University of Chicago, Department of Comparative Human Development, the same department and program of P.E.T. founder Dr. Thomas Gordon. Dr. Haspel-Portner studied directly with Dr. Gordon in 1973 and has been teaching P.E.T. and using it in her private practice since then. Eleanor believes that it is the best communication program to date because it is easily learned and its results are immediate. P.E.T. has effectively changed the lives of thousands of people throughout the world.

REGISTER NOW!!

Attend ALL 24 Hours!
Give yourself & your family the gift of Effective Communication!

REGISTER NOW!!

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Name

Address

City State Zipcode

Phone Alternate Phone

e-mail

Credit Card Number Exp. Pin

Make your check for \$360.00 payable to: Dr. Eleanor Haspel-Portner.

You may pay by credit card. Payment is due in full at the time of Registration. You can receive a Full Refund less 10% Service Fee on or before November 13.

Please visit website: www.consciouslifechoices.com for additional information about Dr. Haspel-Portner's work. Or call her at: 1-310-230-7787.

If you wish to be included in future mailings, please send your e-mail address to: ehp@consciouslifechoices.com. Please forward this if you have a friend or colleague who would be interested.

All workshops are held at a private residence in Pacific Palisades, CA. Address is provided when you register.

REGISTER NOW!!

About GTI

Gordon Training International is a world-renowned human relations training organization.

Founded by Dr. Thomas Gordon in 1962, GTI is the home of Parent Effectiveness Training (P.E.T.), Teacher Effectiveness Training (T.E.T.), and Leader Effectiveness Training (L.E.T.)

GTI Mission is to provide people worldwide with the communication and conflict resolution skills they need to create effective and enduring relationships in the workplace, family, and schools. In GTI programs, people learn a comprehensive set of skills as well as a framework for knowing how and when to use them. Once learned and practiced, these skills become an integral part of people's day-to-day communication in all their relationships.

What Parents Say About P.E.T.

"P.E.T. has completely changed my life. I was at the point where I was no longer getting much joy from being a mother. I was having constant struggles with my oldest son and then arguing about it with my husband.

Thankfully, I came upon P.E.T. in the nick of time! He has gone from having arguments and tantrums and going to time out multiple times a day, to calmly discussing issues with us and giving us hugs and kisses!

Wow! This is how I want to raise my kids! I will forever be grateful for the change P.E.T. has made in our lives." – A. Robinchaud.

"I took Dr. Gordon's course years ago because I was having trouble with our teenage son. Not only did these skills help me rebuild that relationship, but they helped every relationship in my life. My mother, my friends, and most importantly, my marriage have all benefited greatly from my having the skills! And I never leave home without them." – B. Strickland

PLEASE E-MAIL OR CALL IF YOU HAVE ANY QUESTIONS

**www.consciouslifechoices.com
(310) 230-7787**

CONSCIOUS LIFE CHOICES
Change Your Choices, Change Your Life
DR. ELEANOR HASPEL-PORTNER
865 Napoi Drive
Pacific Palisades, CA 90272



Address Service Requested

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**Attend ALL 24 Hours!
Give yourself & your family the gift of
Effective Communication!**

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