

Parent Effectiveness Training (P.E.T.)

Talk so your Child will Listen and Listen so your child will Talk.

Learn a philosophy and communication skills that help you improve your relationships with your children and other important people in your life.

Ever Wish They Came With An Instruction Manual?



TheyDo!

What Skills You Will Learn

"Identify Problem Ownership" to understand and manage problems.

"Active Listen" to enable your children and others to solve their own problems.

"I-Messages" confront unacceptable behavior and motivate the other person to change his or her behavior.

"Gear Shifting" overcomes resistance to change.

"Method III" resolves conflicts with your children and others so both are satisfied with the solution.

"Values Collision Skills" resolve values differences with your children and others.

What Is P.E.T.?

Developed by Dr. Tom Gordon in 1962, P.E.T. has been tested on over a million people in 45 countries.

It teaches parents to foster children's self-discipline, self-esteem, and consideration for the needs of others.

Eliminates the need for punishment and reduces aggression, anger, and violence.

Enrich your marriage and strengthen all relationships.

Communicate and share your own particular beliefs and values effectively with your children.

When Where Fees

Dates and Time: Nov 20 & Dec 11, 2011, Jan 15 & Feb 12, 2012.
Four - 6-hour Meetings 10:00 am to 4:00 pm (Bring your Own Working Lunch).

Pacific Palisades, CA 90272
Call For Reservation.

Telephone: (310) 230-7787

Special Rate: \$360.00/per Family for Full 24-hour Class. One workbook provided, each additional Workbook \$35.00.

About the Teacher: Eleanor Haspel-Portner, Ph.D., a clinical psychologist (License Psy5297) & Master Coach in Private Practice, has been teaching as a certified P.E.T. Instructor since 1973. A skilled communicator and relationship expert, Eleanor brings the depth of experience as a parent, grandparent, and as a professional to her classes. Eleanor is a Certified Clean Language Coach with the Institute for Leadership management and is current President of the Southern California Society for Clinical Hypnosis.