

LA Erickson Institute

Personal Journeys: A One-Day Healing Retreat

Wednesday, August 26, 2015

Where: Residence in Pacific Palisades, CA

Sessions: 10:00 am - 4:00 pm

Cost: \$200.00 (Bring your own Lunch)

Pre-registration discount *before* August 1st:

\$180.00

**Contact Eleanor Haspel-Portner, Ph.D.
to register: (310) 230-7787 or**

Email: ehp@hypnosisprofessionals.com



The invisible wounds of formative traumatic experience can continue to impose their pungent reminders on our lives in the form of psychosomatic symptoms such as depression, anxiety, migraines, weight gain or feeling languorously stuck. Negative experiences that has an undefined etiology, insinuate their nebulous tentacular forms, choking the vitality and eagerness out of the adults experience. Clean Language is the means by which symptoms are translated into the language of Epistemological Metaphors. These personal narratives determine a closer approximation to the origin of the symptoms, unlocking the judicious elements from which a resolution can be retrieved and assimilated in the client. Clean Language questions do not interpret, import or distract the information away from the client's ontology. Symptoms are unsuccessful attempts by the mind and body to reconcile an unavoidable event. When these symptoms are expressed as Epistemological Metaphors, they behave like custodians of experience and unleash the potential for change that is congruent to the original trauma. Therefore the resolution is the deeply agreeable to the impact of the traumatic event.

Additional Learning Objective: For counsellors and clinicians, experiencing Clean Language and Epistemological Metaphors, will enhance their skill base, acumen and their discernment to ask clean questions will exponentially increase. The experience will enrich the participant both personally and professionally. The participant will experience:

- the theory of Clean Language through an experiential process
- how to integrate the theory and praxis of Clean Language into their professional arena
- a Clean Language intervention from a client's perspective
- the value of engaging in assignments and exercises to expand and mature information to a resolution that reconciles the client in the present with experiences in the past
- an opportunity to resolve personal impasse an exploration of a Clean Language experiential process by drawing on the work of Carl Rogers, John Dewey, Kurt Lewin, Jean Piaget and the Experience based Learning Systems of David A Kolb.

Cei Davies Linn's partnership with David Grove, inventor of innovations such as Clean Language and Epistemological Metaphors, spanned three decades and they worked together on the evolution and development of their innovative work. Together they conducted workshops and retreats that included travelling to the four corners of the earth. Their collaboration also resulted in a series of training materials for professional counsellors. Later, on the recommendation of R.D.Laing with whom they occasionally co-presented, David and Cei also ran a retreat and seminar centre for ten years in Eldon, Missouri. Previously Cei has been a registered nursing sister and went on to hold the post of Senior Psychotherapist at St Andrew's Hospital, Northampton. She currently lives in Northamptonshire where she works clinically and writes. She continues her travels and lectures peripatetically.